



KCS2019

CVD Guideline Dissemination & Implementation

EVENT PROGRAMME – JULY 31 – AUGUST 3, 2019

PRECONGRESS – WEDNESDAY 31TH JULY

0845 – 0900

Opening remarks – KCS & KAR Presidents: Bernard Gitura & Beatrice Mugi
MAIN PLENARY: ARABUKO HALL

Kenya Association of Radiology & KCS Workshop
Faculty: **Anders Barasa**, **Blanche Cupido**, **Christine Jowi**, **Felista Wangari**, **Beatrice Mugi**, **Cynthia Sempele**, **Kevin Ombati**, **Ntobeko Ntusi**, **Isaac Adembesa**, **Lois Wagana**, **Naomi Gachara** & **Harun Otieno**

0900 – 0915
KAR/KCS Collaboration – introduction: Beatrice Mugi (KAR) & Bernard Gitura (KCS)
0915 – 1030
ECHO: Basic assessment of the patient with congenital heart disease
Basic anatomical assessment – Blanche Cupido
Assessing intracardiac pressures in congenital disease – Christine Jowi & Naomi Gachara
The post-op patient with TOF – Blanche Cupido

1030 – 1050 BREAK

1050 – 1230
ECHO: Valvular disease in our aging population
Basic assessment of degenerative Aortic stenosis – step by step approach in reduced and preserved LVEF? – Blanche Cupido
Assessment of MR – primary versus secondary – Lois Wagana
Echo cases

1230 – 1300 Contrast Media in Cardiac CT Imaging - Kevin Ombati

1300 – 1400 LUNCH

CARDIAC CT – Setting up a service
1400 – 1500
Cardiac-CT: Indications and utility in the local setting – Felista Wangari
Cardiac CT Technique – Eric Sunera
Two Cardiac-CT cases – Cynthia Sempele

1500 – 1530 BREAK

1530 – 1700
CARDIAC MR – Setting up a service
CMR: How to start a service: patient selection, training of personnel – Ntobeko Ntusi
CMR cases – K Ombati/H Otieno
ICE (Integrated Cardiovascular Imaging Education) Forum – Launch – H Otieno/C Sempele
END

WELCOME COCKTAIL (SPONSORED BY MERCK HEALTHCARE & LIFE SCIENCES LTD)

DAY 1 – THURSDAY 1ST AUGUST

MAIN PLENARY-ARABUKO HALL

DODORI ROOM

Regional perspectives – Research and training in SSA

CVD Guideline dissemination Workshop – How can we be more effective?

0800 – 1000
Panel
J KAYIMA
N NTUSI
A GIKONYO
M NGUNGA
F BARASA
T ALIKU

Training & research – Is Africa really a data free zone? | **N NTUSI**

Discussion – How do we spur training Collaborations across East Africa – Standardizing cardiology training across EA
| **J KAYIMA (Speaker)** **F BARASA** & **T ALIKU**

L MBAU
W NALWA
L NYANJAU
F BUKACHI
T MUTHEE
F KIRUI
G YONGA

Experiences with CVD guideline development – Kenya and Ethiopia
| **F BUKACHI**
Operationalizing the Kenyan CVD Guideline
| **L NYANJAU**
Multi-level & Multi-disciplinary team approach
| **G YONGA**
Exploring current practice and the challenges of assessing and managing CVD risk in primary care settings; Kilifi County
| **T MUTHEE**
Cost of CVD care in Kenya and implications on guideline implementation; Experience from Nahenda Study
| **F KIRUI**
Panel Discussion: 30 minutes



1000 – 1045	EXHIBITION – RESEARCH POSTERS	
OPENING KEYNOTE – MAIN PLENARY: ARABUKO HALL		
1045 – 1230 Facilitator B SAMIA	Opening remarks CEO KCS – Lilian MBAU Welcome Address President, KCS – Bernard GITURA Mombasa leading the way in Guideline dissemination Mohamed SALIM Kenya National Guidelines for CVD 2018 Loise NYANJAU , Ministry of Health Promoting collaborations in Africa: WHF President – Karen SLIWA	
1230 – 1300	INDUSTRY LUNCH SYMPOSIUM: SANOFI OVERVIEW OF HYPERTENSION MANAGEMENT IN KENYA – B SAMIA	
1300 – 1400	LUNCH - exhibition – Research Posters	
ARABUKO HALL	DODORI ROOM	SHIMBA ROOM
1400 – 1615: Case based anticoagulation Workshop <i>with</i> P VERHAMME E OGOLA, MOHAMED S, O OGAH	1400 – 1700: Fellows' Case Corner DK GIKONYO, M NGUNGA, N NTUSI, B CUPIDO, A BARASA	1400 – 1615: Cardiothoracic surgery: Mapping out local capabilities M AWORI, P ODHIAMBO
Extended prophylaxis in VTE – When is it indicated? P VERHAMME DOACs in AF + CKD – Clot vs bleeding M SALIM DOACs and malignancy – What options do I have? P VERHAMME DOACs in CAD – cases from the region K NDEDE	Cardiomyopathy K NDEDE A rare case of HF E AMENDEZO Aortic Stenosis H KARIUKI Pericardial disease N MUTAI CAD A VARVANI Cardio-renal Syndrome Y MORAA	Experiences from selected local hospitals P OGUTU P PONOTH K DINDI R WHITE Arteriovenous malformation in a child with mitral valve prolapse: a case report S MELISA Strategy for developing local cardiac surgical service M AWORI
ARABUKO HALL		
1630 - 1700	TAILORING HYPERTENSION TREATMENT TO THE PATIENT PROFILE - F BUKACHI	
1700 – 1800	KCS AGM	
1800 – 1900	EXERCISE BREAK	

DAY 2 – FRIDAY 2ND AUGUST

ARABUKO HALL	SHIMBA ROOM	DODORI ROOM
CVD in Pregnancy	Home-grown I – Abstract session Facilitator: F BARASA JUDGES: N NTUSI & G YONGA, O OGAH	Guideline dissemination – Nutrition advice – Are we doing enough?
0800 – 1000 <i>Expert panel</i> B CUPIDO M NAMASAKA K SLIWA	PPCM – Updates from the global registry K SLIWA RHD in pregnancy B CUPIDO Valve disease in pregnancy M SWALEH Arrhythmia in pregnancy D NDUIGA Complex case decisions in pregnancy: RHD and PPCM K MWAZO	Abstract session – each abstract will have 0800 – 1000 <i>Facilitators</i> D NTURIBI K ACHARYA N KUNYIHA D KATAMBO
		The guidelines: role of diet and lifestyle change in cardiovascular and diabetes reversal D KATAMBO A comprehensive approach to lifestyle management D NTURIBI Success in clinical practice: nutrition and medication combination K ACHARYA
1000 – 1030	Exhibition – Research posters	
ARABUKO		
FRIDAY KEYNOTE		
1030 – 1215 Facilitator G YONGA	How to facilitate research and training in East Africa PASCAR Secretary General Elijah OGOLA Current Evidence & New Frontiers after CREOLE Felix BARASA Anticoagulation in the next decade Peter VERHAMME Message from the ACC President Richard KOVACS <i>Award for Outstanding contribution in promoting CV health in the region</i>	
1215 – 1300	INDUSTRY LUNCH SYMPOSIUM EECP – 45 min The EECP therapy in the rehabilitation of ischemic Heart Diseases – T YANG	
1300		



1300 – 1400	LUNCH	
ARABUKO HALL	DODORI	
1400 – 1600 Cardio-metabolic Facilitators K ACHARYA & EGOLA	1400 – 1600 Paediatric cardiology C JOWI, G AKECH, L MUTAI, P ZARTNER, N GACHARA	
The role of cardiologist the diabetic management? E OGOLA How to manage CVD risk in the pre-diabetic individual E NJENGA Diabetes, HF and SGLT2i new opportunities for cardiologist B GITURA Cardiovascular benefits of GLP-1 analogues in T2DM patients A MUGERA Treating diabetes beyond CVOTs N KUNYIHA	Common rhythm disorders in children N GACHARA/G AKECH Devices in children P ZARTNER AV-malformations and intervention management – A Kenyan experience L MUTAI Interventional management of VSDs-in Kenya C JOWI	
DODORI HALL	SHIMBA	
1600 – 1800 Heart Failure 2019 K MWAZO, B CUPIDO, N NTUSI	1600 – 1800 Home-grown II – Abstract session Facilitator: H OTIENO JUDGES: PA ODHIAMBO, C JOWI, M JEILAN	
HFpEF – How far are we? O OGAH Rationale of pneumococcal vaccine in at risk cardiovascular disease patients J CHAKAYA Medical Genetic Testing for Cardiomyopathy and other cardiac conditions D TROST CMR in heart failure – Does it really change management? N NTUSI 20 min	Abstract session	
2000	GALA DINNER - ARABUKO HALL (SPONSORED BY PFIZER)	

DAY 3 – SATURDAY 3RD AUGUST

EXPERT SPEAKER SESSION VII – ARABUKO HALL	
TIME	Physician Burnout – Increasing demands and the need for self-care Faculty: G YONGA PANEL: M SALIM, L ATWOLI, J KITULU, Y MORAA
0900 – 1100	Physician Burnout – How did we get here? L ATWOLI What do we know about the Kenyan situation? J KITULU Testimonials Y MORAA Panel discussion – Stress management, social support and mentoring and self-care strategies
1100 – 1230	Facilitator: E NJENGA
	Gastrointestinal Bleeding (GI) bleeding on anticoagulants L GATHARA Cardio-oncology? How do we manage our patients with toxic Cardiomyopathy? J ABUODHA Oral antibiotics for infectious endocarditis? Management in the post-POET era A HASSAN Cryptogenic stroke: Should I call the neurologist or cardiologist? Neurologist vs interventional cardiologist B SAMIA
1230	FINAL REMARKS AND END – KCS PRESIDENT



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